

**SOCIO-PSYCHOLOGICAL MECHANISMS OF HUSBAND-WIFE RELATIONS IN THE  
MODERN FAMILY**

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**Аннотация:** *В данной статье в исследованиях, посвященных изучению социально-психологических механизмов супружеских отношений в современной семье, степень сформированности социальных представлений о семейном счастье или разногласиях зависит от духовной среды и уровня здорового мышления семьи. информация предоставлена участниками.*

**Ключевые слова:** *Семья, отношения, социальное, механизм, личность, общение, психологическое, современное, обязательство, конфликт.*

**Annotation:** *In this article, in the studies devoted to studying the socio-psychological mechanisms of husband-wife relations in the modern family, the degree of formation of social perceptions about family happiness or disagreements depends on the spiritual environment and the level of healthy thinking of family members. information is provided.*

**Key words:** *Family, relationship, social, mechanism, person, communication, psychological, modern, commitment, conflict.*

In the process of performing household chores, marital duties, parents' obligations to children, children's rights and duties to adults, there are complex inter-role interactions and communication processes, almost all of which conflict with personal and social interests. , in some cases, conflicts, contradictions, disagreements and misunderstandings in opinions and views are manifested in the form of interpersonal disputes. Family problems acquire a special character due to the versatility of the daughter, and their positive solution is of great importance in determining the development of the society, in the process of bringing up a mature, mentally healthy generation. If the founders of each family solve their problems together, on the basis of mutual agreement, peace in the family will be guaranteed and its moral foundations will be strong. It is worth noting separately that the persons forming it are able to mutually agree on some disagreements, contradictions, conflicts that arise in the relations between husband and wife, mother-in-law, bride-groom, thoughts and views and solve the problem in a constructive way. In other words, the socio-psychological and spiritual environment in the family allows the formation of deep and positive ideas about human relations in the minds of the young generation. That is why the family and its educational opportunities are highly valued in our country.

Spousal relations in young families are the most delicate and decisive form of spousal relations, which have their own regional, ethnic, sexual, age and individual psychological characteristics. A couple's relationship that is characteristic of one or another young family may not be suitable for another couple. Because the couple who created a young family are individuals who have been brought up in families with different systems of interpersonal relations, different attitudes, and formed as individuals. However, special psychological studies and scientific psychological literature written on the basis of their results provide relevant information on the general mechanisms of the formation and development of marital relations in young families.

In general, how the couple's relationship develops in young families depends first of all on the nature of the pre-marital factors that are the basis for the formation of this young family, and the conditions for the formation of these families. We touched on them in part in the previous topic.

Of course, when a young family is formed, whether they married each other out of love, consanguinity, acquaintance, courtship, calculation or stereotype, in the first days of their marriage, regardless of what happened the level of emotional upliftment and emotional variety is high in their interactions with each other, interpersonal relationships between spouses. Couples who love each other for a certain period of time and build a family have an extremely high level of emotional upliftment. Because they have waited and lived for several years, and have finally reached the end of their life. At the beginning of the marriage of such couples, there is a very high level of excitement and emotional desire for each other in the interpersonal relations between the spouses. Not only those who started a family out of love, but also among young people who started a family for almost all reasons, at the beginning of marriage, closeness, appreciation and respect for each other are relatively high.

It is known that the Qur'an and Hadiths, which are the holy sources of Islam, deal with the issues of manners, roles and responsibilities of women in marriage, relations between husband and wife, raising children, raising a family, marriage and love. In is given. Here are some examples from the collection of hadiths: "The best of servants in the eyes of God is the one who benefits his wife most" (Hadith 18), "Among the people, the wife is more righteous than her husband. The most righteous of people over a man is his mother" (Hadith 34); "In addition to honoring your children, improve their morals" (Hadith 38); "When a husband looks at his wife and a wife at her husband, God also looks at them with the eyes of mercy, and when he goes and places his palm on his palm, their sins will be poured out from between his fingers" (Hadith 44); "Each of you are shepherds and are responsible for those under your care. A king is responsible for his subjects, a husband is responsible for his wife, a wife is responsible for her husband's house, an employee is responsible for his master's property, and a child is responsible for his father's property. So each of you is responsible" (Hadith 116); "No father can give his child a greater legacy than

good manners" (Hadith 136). It can be seen from the cited examples that the sanctity of the family, the duties and responsibilities of men and women before the family, the duties of parents before the child and, in turn, the child's parents, respect and respect for the husband's wife are sacred values.

If people's epics and religious treatises have been preserved by word of mouth, from generation to generation, the wisest and most learned people of the people, relying on the folk traditions, illuminate their valuable thoughts in their works and spread them. who left for future generations, one such philosopher-scientist is Abu Nasr Farabi. His views on human perfection, happiness, education and training, morals in general, attitude to religion are a source of universal philosophical views and explanations, and enriched the theory of ethics. According to his teachings, true happiness can be found only when one person's cruelty and oppression towards another person disappears, and the sincere relations of family members to each other and the consequences of love constitute the happiness of people in this family. In addition, the conclusions that each parent is the primary teacher, guide for their children and that they have the influence of forming the necessary preparation for education in the child are the current views of the thinker. shows how important it is for days too.

The results of a questionnaire survey conducted with married couples (100 people) to determine the importance of factors that ensure the stability of interpersonal relationships in the family and their assessment are given in Table 1 .

No.	Factors	Ring 1,2,3,4,5 places	Percent
1	Financial security of the family	1,40	92%
2	Mutual respect and trust	1,20	96%
3	Family members understand each other well	1,25	95%
4	Living as an independent family	3,55	49%
5	Provision of housing	2,40	72%
6	Children	1,25	95%
7	Consciousness and spirituality of family members moral status	1,40	92%
8	Etiquette	1,35	93%
9	Division of labor in the family	2,00	80%
10	Sexual compatibility (sexual satisfaction)	2,30	74%
11	Intervention of father-in-law and mother-in-law in family management	3,05	59%
12	Brother-in-law, brother-in-law, sister-in-law and sister-in-law sisters in family relationships participation	3,95	41%

As can be seen from the table, couples consider "the presence of mutual respect and trust" to be the most influential (important) factor in ensuring the stability of family interpersonal relationships (sum of ranks 1.20; 96 %). In fact, mutual respect, love, trust and loyalty, respect, consensus and sincerity of relations between husband and wife serve as the most important foundations for ensuring family strength. Each nation has its own family life and lifestyle, formed historically. There are values related to duties and responsibilities of husband and wife in family life. The fact that the husband or wife has not mastered these values sufficiently or is unable to fulfill them creates conditions for the gradual fading of mutual respect, loyalty and trust between them and the formation of negative situations in family life. Paying special attention to "mutual respect and trust" between spouses leads to positive results.

Also, "Good understanding of family members" (sum of scores 1.25; 95%) was recognized as the most important value for Uzbek families. According to the analyzes and conclusions of personality psychology, only people with highly developed personality qualities (including family members) can understand each other correctly, like-minded, harmonious, partners, shortcomings or mistakes. They are forgiving, patient, obedient, consultative, quickly find solutions to family problems, and confidently and boldly work for family harmony, well-being and prosperity. Especially in family life, striving to understand each other correctly, working in consultation, mutual respect and kindness, and activeness towards good wishes are characteristic of Uzbeks. Each family, as a social system structure, performs certain tasks before the society. When talking about the social functions of the family, on the one hand, it is necessary to take into account the influence of society on the family, and on the other hand, the place of the family in the general social system, the social (public) tasks that the family solves.

Analysis of the results of theoretical and empirical research on the important problems of family life, issues of interpersonal relationships, its stability and social psychological factors of its maintenance led us to the following conclusions:

1. The important problems of family life, the necessary moral qualities and virtues in marital relations, the duties and tasks of the spouses, the responsibilities of parents in the development of children, in managing the economy in the theoretical-methodological and scientific sources studied as relevant to the topic, the practicality and viability of family and marriage criteria, the uniqueness of family relations in eastern nations, especially Uzbeks, and other aspects have been given great attention.

2. In the studied historical, theoretical-methodological and scientific sources, special attention is paid to the fact that the family is a sacred, social institution that ensures human perfection, development and stability of society.

The changes in the socio-historical formation processes of family life, family and marriage issues, and the family lifestyle and its problems in accordance with the requirements of the current era have been widely studied.

3. The problems of family life have been studied as a priority area of social life full of problems and mysteries, interesting not only today, but even from ancient times, to advanced people of society: scholars, thinkers, intellectuals and scientists.

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