

## INTRAVENOUS LASER IRRADIATION OF BLOOD

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**Abstract:** *Intravenous laser irradiation of blood (ILIB) is one of the most well-known methods of light therapy, based on the impact energy of a light quantum blood directly into the bloodstream. Vlok has a powerful cleansing and stimulating effect, it allows the complex to boost immunity and rehabilitation abilities of the body. The laser is highly efficient, healing effect of the course vlok continues up to six months.*

**Keywords:** *Laser, blood, effect, pregnancy, disease, prevention, indications, contraindications, antibiotics, sensitivity.*

### INDICATIONS FOR USE

- the virus (human papillomavirus, herpes virus)
- menstrual cycle;
- infertility;
- preparing for pregnancy;
- gynecological diseases;
- atherosclerosis;
- chronic lung disease: asthma; bronchitis; tracheitis;
- diseases of the digestive system;
- diseases of the joints;
- diseases of the urinary system: chronic pyelonephritis; cystitis; urethritis;
- chronic inflammatory diseases of ENT organs: sinusitis; rhinitis; sinusitis;
- inflammatory diseases and infections of urinogenital system;
- skin diseases: herpes, psoriasis, seborrhea; eczema and dermatitis of different etiology;
- prevention of infectious diseases (including viral infections);
- the preoperative and postoperative period;
- to enhance the processes of recovery after diseases;
- the removal of stress (psychological, physical);
- to prolong the period of remission of chronic diseases;
- for rejuvenation, prevention;
- the decline in General health (chronic fatigue);
- for the purpose of rational antibiotic therapy.

### **CONTRAINDICATIONS**

- diseases of the blood and cardiovascular system;
- severe hypotension;
- a severe form of thyrotoxicosis;
- diabetes mellitus in decompensation;
- acute fevers of uncertain causes;
- renal and liver failure;
- malignant neoplasms;
- active tuberculosis, actinomycosis, anthrax, syphilis;
- increased sensitivity to sunlight;
- the significant depletion;
- mental illness and intoxication (alcohol, narcotic and other types);
- early childhood;
- pregnancy.

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